

PATAN FATHIMA BIBI

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 J.P Nagar, Ragigudda, Bangalore-560078

OBJECTIVE

To obtain a position in psychology that allows me to explore the complexities of human behavior and mental processes, and to contribute to the development of innovative interventions and treatments.

QUALIFICATIONS

2024	M.Sc Psychology (Clinical Specialization) Bangalore University 8.75
2024	PG Diploma in psychological counselling Bangalore University 7.5
2025	QUALIFIED GATE EXAMINATION

WORK EXPERIENCE

Dec 05 2024 - July 16 2025	Trainer cum Counsellor Magic Bus India Foundation Delivered life skills and employability training to youth. Created and managed Personal Development Plans (PDPs), conducted needs assessments for youth, collected case history, community mobilization, Utilized digital marketing, prepared posters, conducted online sessions, workshops and monitored progress.
20 July 2024 - 22 Sept 2024	Intern Bangalore Neuro Centre Conducted psychological assessments for informed treatment planning. Contributed to counseling and therapy sessions supporting client progress.

RESEARCH EXPERIENCE

Social Anxiety and Distress Among Adolescents and Specially Abled Adolescents.

Presented at the 28th International and 59th National conference of the Indian Academy of Applied Psychology (IAAP) Conference, Pondicherry University (Published).

The Role of Self-Compassion and Forgiveness in Post-Break-up Recovery

Co-authored a paper as First Author at National Conference organised by Bangalore University (2024)

Bullying among Bangalore University Students

Presented in the International level student conference on psychology in modern era organised by St. Claret University Bangalore and Selected for publications.

"Perceived Social Support, Resilience, and Burnout among Healthcare Professionals"

Presented at an International Conference conducted by Bangalore University.

ACHIEVEMENTS & AWARDS

Honored with the Prathiba Award by Shri Chandra Babu Naidu, Chief Minister of Andhra Pradesh And Selected as the Best Paper Presenter at an international conference organized by Pondicherry University.

ACADEMIC AND DISSERTATION WORK.

Psychological distress and Suicidal ideation among Orphaned Youth.

Results shows a strong correlation between psychological distress and Suicidal ideation and Orphaned Youth experience more psychological distress in comparative with other youths.

Life Skill training.

Created lifeskill Modules on Interpersonal relationship for High School students.

Bullying Assessment Scale

Developed BAS (5 dimensions) with valid and reliable psychometric properties.collected 1200 Data.

LANGUAGES

READ and WRITE - English, Kannada, Hindi, Telugu.

Fluent in Speaking - Malayalam, English, Kannada, Hindi, Telugu, Tamil and Urdu.

SKILLS

Quick Learner, Team player, Good communication, Leadership and Time Management

OTHER CERTIFICATIONS

1. Canva app and content creation certification (40 hours) from Dementee Academy Pvt Ltd.
2. Lifeskill and Employability skills Certification from Magic Bus India Foundation.
3. Attended Several Workshops and Conferences on Mental Health.
4. Participated and Volunteered in National Science Day and Drug Day Organized by Bangalore University.

